

Alliance	Airline	Point Program	Booking Window	Amex MR	Chase UR	Citi TYP†	Capital One	Bilt	Wells Fargo	Rove
	Alaska	Atmos Rewards	330 days					1:1		
	American	AAdvantage	331 days			1:1				
	British Airways	Avios	355 days	1:1	1:1	1:1 via Qatar	1:1	1:1	1:1	1:1 via Qatar
	Cathay Pacific	Asia Miles	360 days	5:4		1:1	1:1	1:1	1:1	1:1
	Finnair Plus+	Avios	360 days		1:1 via BA	1:1 via Qatar	1:1	1:1 via BA	1:1 via BA	1:1
	Iberia	Avios	360 days	1:1	1:1	1:1 via Qatar	1:1 via BA	1:1	1:1	1:1 via Qatar
	Japan Airlines	Mileage Bank	360 days				2 to 1.5	1:1		1:1
	Malaysia	Enrich	330 days			1:1				
	Qantas	Frequent Flyer	353 days	1:1		1:1	1:1			1:1
	Qatar	Privilege Club Avios	361 days	1:1	1:1 via BA	1:1	1:1	1:1	1:1	1:1
	AeroMexico	ClubPremier	330 days	1:1.6		1:1	1:1			1:1
	Air France KLM	Flying Blue	359 days	1:1	1:1	1:1	1:1	1:1	1:1	1:1
	Delta	SkyMiles	331 days	1:1						
	Scandinavia Air	SAS	330 days							1:1
	Vietnam Airlines	LotusMiles	330 days							1:1
	Virgin Atlantic	Flying Club	331 days	1:1	1:1	1:1	1:1‡	1:1	1:1	1:1
	Air Canada	Aeroplan	355 days	1:1	1:1		1:1	1:1		1:1
	Air India	Maharaja Club	331 days							1:1
	ANA	Mileage Club	355 days	1:1						
	Avianca	LifeMiles	360 days	1:1		1:1	1:1	1:1	1:1	
	Copa	Copa Airlines ConnectMiles	Check calendar							1:1
	EVA Air	Infinity Mileage	360 days			1:1	4:3			
	Lufthansa	Miles & More	360 days							1:1
	Singapore Airlines	KrisFlyer	355 days	1:1	1:1	1:1	1:1			
	TAP Air Portugal	Miles & Go	361 days				1:1	1:1		
	Thai Airways	Royal Orchid Plus	340 days			1:1				1:1
	Turkish Airlines	Miles & Smiles	355 days			1:1	1:1	1:1		1:1
	United Airlines	MileagePlus	337 days		1:1			1:1		
Non-Alliance	Aer Lingus	Avios	330 days	1:1	1:1	1:1 via Qatar	1:1 via BA	1:1	1:1	1:1 via Qatar
	Emirates	Skywards	360 days	5:4		5:4	4:3	1:1		
	Etihad	Guest	330 days			1:1	1:1	1:1		1:1
	Frontier	Frontier Miles	Varies							1:1
	Hainan Airlines	Fortune Wings Club	330 days							1:1
	Jet Airways	Inter Miles	331 days			1:1				
	JetBlue	True Blue	331 days	5:4	1:1	1:1	5:3		1:1	
	Southwest	Rapid Rewards	4-7 months		1:1			1:1		
	Virgin Red	Virgin Points‡	Varies			1:1	1:1	1:1	1:1	1:1
Hotel Award Partners		Accor Live Limitless	404 days			2:1	2:1	3:2		3:2
		Choice Privileges	350 days	1:1		1:1.5	1:1		1:2	
		Hilton Honors	365 days	1:2				1:1		
		IHG One Rewards	350 days		1:1			1:1		
		I Prefer Hotel Rewards	365 days			1:2	1:2	1:2		
		Leaders Club	Varies	4:1		5:1				
		Marriott Bonvoy	354 days	1:1	1:1			1:1		
		World of Hyatt	394 days		CSR 1:1 / CSP 4:3*			1:1		
		Wyndham Rewards	364 days		1:1	1:1	1:1	1:1	1:2	

Transfers are typically made in 1,000-point increments and are one-way only.
Booking windows are approximate and do not guarantee award availability.
Most airline programs can book award flights across their alliance partners, subject to availability.
Marriott Bonvoy transfers to additional airlines at a 3:1 ratio (plus periodic bonuses); those partners are not shown.
Hotel → airline transfers are generally poor value and are intentionally excluded for clarity.
Transfer times vary. Always confirm award space before transferring points.
* Chase UR to Hyatt: 1,000 Chase points become 750 Hyatt points. The 4:3 rate applies to applicants from June 15, 2026; earlier applicants change to 4:3 on October 1, 2026. Confirm your account's rate before transferring. CSR rate is 1:1
† Citi rates shown are for eligible premium cards. Other eligible Citi cards may have lower transfer rates. Confirm your card's eligibility and rate in your ThankYou account before transferring.
‡ Virgin Red and Virgin Atlantic Flying Club share Virgin Points when accounts are linked. Redeem flights through Flying Club and other rewards through Virgin Red. Capital One transfers to Virgin Red rather than directly to Flying Club.

